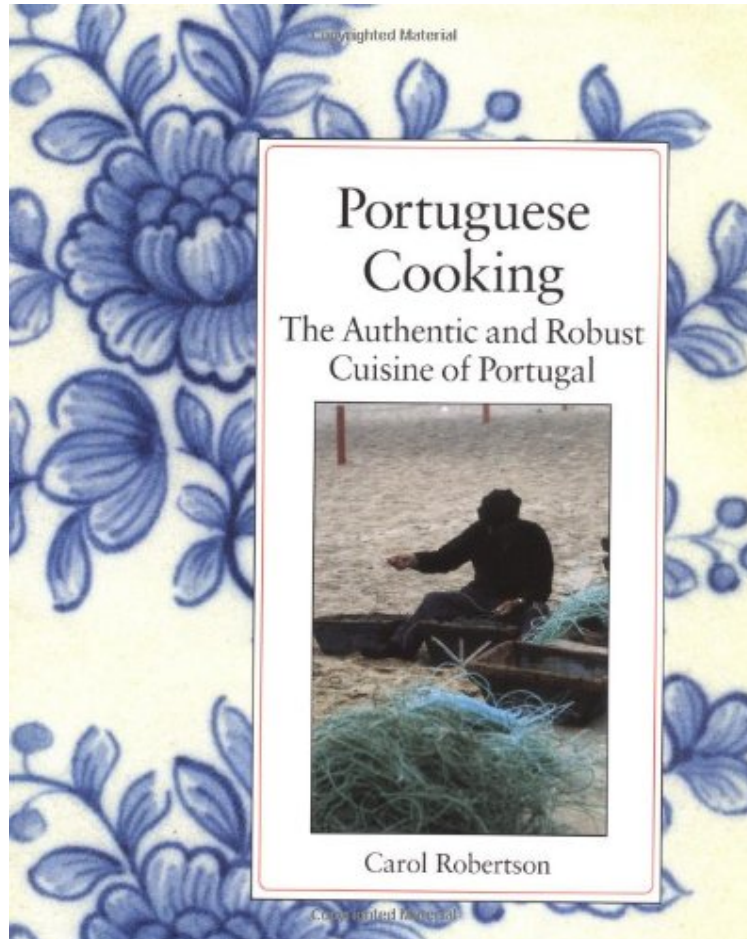


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Portuguese Cooking: The Authentic and Robust Cuisine of Portugal

Carol Robertson

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Carol Robertson : Portuguese Cooking: The Authentic and Robust Cuisine of Portugal before purchasing it in order to gauge whether or not it would be worth my time, and all praised Portuguese Cooking: The Authentic and Robust Cuisine of Portugal:

0 of 0 people found the following review helpful. Great book By William J Morrison This was exactly what my wife was looking for. Easy to use recipes with a little history thrown in. 2 of 2 people found the following review helpful. a taste of portugal By Kindle Customer Since I spend every 6 months in Portugal I wanted to learn to cook like the Portuguese, I always come home 2 kgs heavier as just have to sample all the dishes on offer. What a beautiful culture and wonderful cuisine. I found this book helpful in that it had the recipes I needed to bring Portugal home. 0 of 0 people found the following review helpful. Five Stars By Kathleen J Maxcey Wonderful book.

Carol Robertson shares her fascination with the country and its cuisine in lively journal entries and delightful drawings, while David Robertson's evocative photographs provide a look at the wonders of the Portuguese landscape

and culture. The result is a personal travel book for lovers of good food. Portugal is blessed with a flavorful and complex cuisine that brings together influences from Europe, Africa, and the Muslim world. The simple-to-prepare dishes rely on pork and seafood of all kinds, as well as tomatoes, olives, kale, hot and sweet peppers, garlic, mint, and the silken magic of virgin olive oil. Treat yourself to a true taste of Portugal.

“Filled with recipes and tales from the Robertsons’ travels, this cookbook takes you on a culinary romp through Portugal.” —Health Magazine “Fascinating traveler’s tales set the stage for recipes from every region.” —Jessica’s Biscuit / ecookbooks.com “Foods are described in their settings along with a first person travelogue, a record of a culture and cuisine. The recipes are written for the home cook and feature readily available ingredients.” —The Palm Beach Post
From the Trade Paperback edition.
About the Author Carol Robertson has traveled extensively in Europe, Asia and Africa, both professionally and for pleasure. She is an artist and teacher and makes a home in Juno Beach, Florida.